

The amazing Oriental reducing strategy for DIETING WITHOUT HUNGER...



**THE
ORIENTAL
7-DAY
QUICK
WEIGHT-OFF
DIET**

by Norvell

with a Foreword by W. Spencer Gurnee, M.D.

Here's how to use inexpensive foods and beverages, readily available at your local food stores, to melt away those excess pounds as if by magic—quickly, easily and safely!

Oriental 7 Day Quick Weight Off Diet

Christian G. Meyer



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