

ALCOHOLISM SYMPTOMS: COMMON SIGNS OF A DRINKING PROBLEM



Behavioural and Social

Secretive
behaviour
around alcohol



Drinking heavily
alone



Withdrawing
from
responsibilities



Loss of interest
in hobbies/social
events



Physical

Lethargy and
headaches



Disrupted
sleep
patterns



Alcohol
withdrawal
symptoms



Lack of
personal
hygiene



Problem Drinking How To Help A Friend

J Elliott



Problem Drinking How To Help A Friend:

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