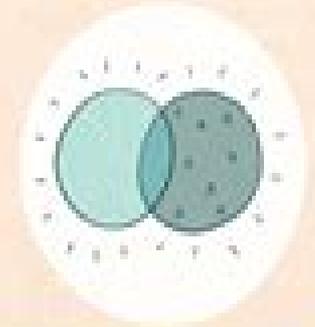


# What Are the Key Principles of Narrative Therapy?



Interpretation of experiences is done through language



Individuals can have different realities of the same experience



Narrative can help us make sense of our experiences



Interactions with others impacts how we experience reality



# Narrative Therapy

**JG Myers**



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