

PATRICIA CLEGHORN

THE
SECRETS
of SELF-
ESTEEM

A New Approach for Everyone

"People who dream of building their self-careers often feel alone and unsupported. However, in Patricia Cleghorn's book they will find that others have also harbored these same thoughts and feelings and will learn of her tried and tested ways for building their own self-careers"
Anita Roddick OBE, founder and chief executive of The Body Shop

Secrets Of Selfesteem A New Approach For Everyone

WJ Hussar



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