

Rita's Story: Healing Breast Cancer Holistically

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The Gerson Institute



by Rita S, August 2012.

I am from a little town 25 km North of Barcelona, Spain. I was diagnosed with a hormone-dependent breast cancer in November 2009 called invasive ductal adenocarcinoma; stage II/III, tumor size 2cm.

I felt devastated at that moment, and so did my husband, my mother and my sisters. But then I felt the strength inside myself, and a furious rage came out saying that this cancer wasn't going to kill me — that I would be victorious!

The doctors immediately started to plan surgery, then radiotherapy and, following that, five years of Tamoxifen. After a pre-surgical routine MRI the doctors found another little 4mm tumor in the same breast. Since they could not localize it because it was small and very deep, the doctors couldn't perform a biopsy. They took out the tumor out and decided I should have a check-up with an MRI every 3 months just in case it grew. Luckily, my lymph nodes were clear so the doctors only took out the sentinel lymph node.

After surgery, my hospital oncologist said that I had to take Tamoxifen. I found out that, according to the National Cancer Institute, Tamoxifen's side effects range from hot flashes, vaginal dryness, joint pain and leg cramps to blood clots, cataracts, strokes and uterine cancer. So, it was clear in my mind that I was not going to take that poison.

I started radiotherapy for six weeks, but worried that it would be a big mistake.

After one month I was so ill that I ended up in the hospital because I could not stop vomiting. I lost about 22 pounds in a few months. My family was very alarmed and fearful and my husband could see that I was not doing well. The day after I returned from the hospital, I started vomiting again.

Ritas Story

LM Reder



Ritas Story:

Uncover the mysteries within its enigmatic creation, Discover the Intrigue in **Ritas Story** . This downloadable ebook, shrouded in suspense, is available in a PDF format (*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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