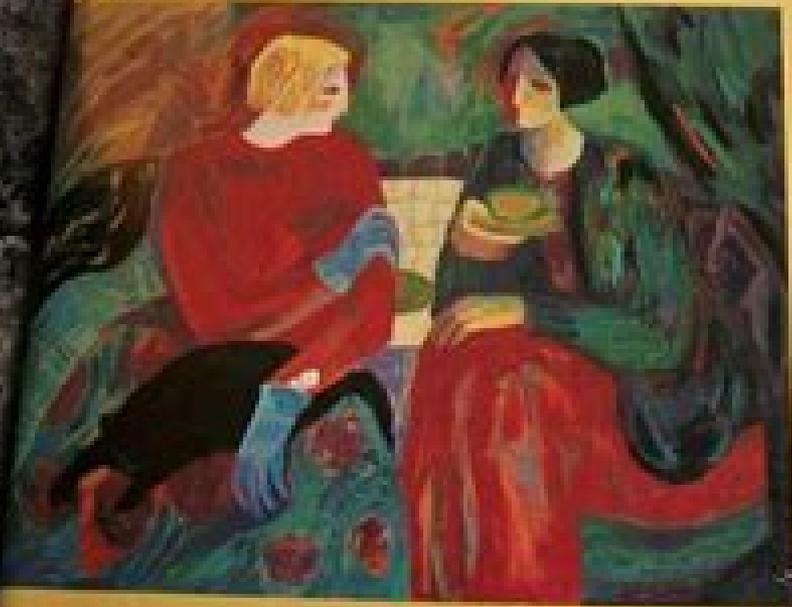


appears to protect the body against damaging internal stresses and strains
to have long-term health benefits
Barry Goldstein, The New York Times

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Opening Up The Healing Power Of Confiding In Others

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