



Bhumisparsha Mudra

Touching the earth as Gautama did, to invoke the earth as witness to the truth of his words.



Varada Mudra

Fulfillment of all wishes; the gesture of charity.



Mudra

Dhyana

The gesture of absolute balance, of meditation. The hands are relaxed in the lap, and the tips of the thumbs and fingers touch each other. When depicted with a begging bowl this is a sign of the head of an order.



Abhaya Mudra

Gesture of reassurance, blessing, and protection. "Do not fear."



Dharmachakra Mudra

The gesture of teaching usually interpreted as turning the Wheel of Law. The hands are held level with the heart, the thumbs and index fingers form circles.



Vitarka Mudra

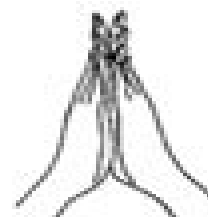
Intellectual argument, discussion. The circle formed by the thumb and index finger is the sign of the Wheel of Law.



Mudra

Tarjani

Threat, warning. The extended index finger is pointed at the opponent.



Namaskara Mudra

Gesture of greeting, prayer, and adoration. Buddhas no longer make this gesture because they do not have to show devotion to anything.



Jnana Mudra

Teaching. The hand is held at chest level and the thumb and index finger again form the Wheel of Law.



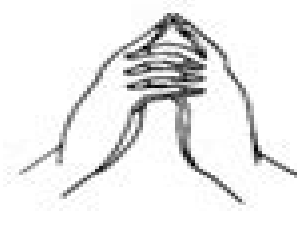
Karana Mudra

Gesture with which demons are expelled.



Ksepana Mudra

Two hands together in the gesture of 'sprinkling' the nectar of immortality.



Uttarabodhi Mudra

Two hands placed together above the head with the index fingers together and the other fingers intertwined. The gesture of supreme enlightenment.

Mudras Ritual Handposes Of The Buddha

Rosina Ehmann



Mudras Ritual Handposes Of The Buddha:

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