

The Program for **BETTER VISION**

**HOW TO SEE BETTER
IN MINUTES A DAY
WITHOUT GLASSES OR CONTACTS!**

A step-by-step holistic guide containing physical,
emotional and mental techniques for:

- Nearsightedness • Farsightedness • Eye imbalances
 - Astigmatism • Medical problems • and more!
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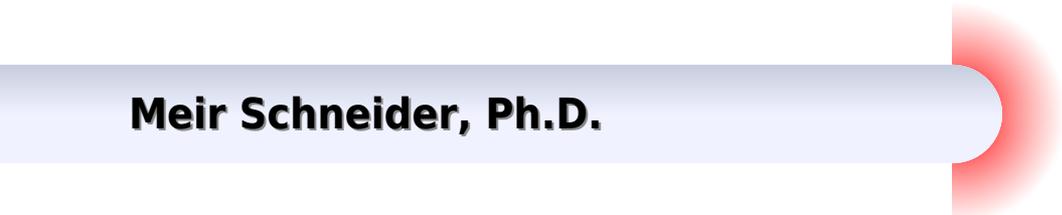
**BY MARTIN SUSSMAN, FOUNDER & EXECUTIVE DIRECTOR
CAMBRIDGE INSTITUTE FOR BETTER VISION**

"There are but few
informed,
courageous and
qualified leaders
concerned with
those persons
seeking to improve
vision.
I believe that the
Cambridge Institute
for Better Vision
offers realistic and
proven alternatives
to glasses and
deteriorating
vision."

*Dr. Leslie H. Salovey, O.D.,
M.D., Ph.D.,
Director, The Vision and
Health Center*

Program For Better Vision

Meir Schneider, Ph.D.



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The Program for Better Vision Martin Sussman,2007-01-01 **Better Vision Now** Clara A. Hackett, Lawrence Galton,2012-03-13 DIVHackett s innovative self help guide includes a basic 12 week program of simple routines and drills recommended for correcting nearsightedness farsightedness crossed eyes and other serious eye problems 37 illustrations div

Vision for Life Meir Schneider, Ph.D.,2012-10-02 In Vision for Life natural health pioneer Meir Schneider shares ten essential principles of healthy vision discovered in his forty year personal and professional journey Born almost blind Schneider taught himself to see and developed an innovative program of healing and recovery that has helped thousands of people regain and improve their health Vision for Life is packed with exercises for a natural eye health routine which you can immediately incorporate into your life This program is not only strengthening but also restorative and deeply relaxing You will learn how to reverse developing issues before they cause damage and how to remedy existing problems including near and far sightedness and lazy eye as well as cataracts glaucoma optic neuritis detached retinas and tears macular degeneration and retinitis pigmentosa Vision for Life is not only for people who see poorly and would like to improve their vision but also for those with 20/20 vision who wish to maintain their perfect eyesight as they grow older Clients of the Meir Schneider Self Healing Method experience their own capacity to bring about recovery reversing the progress of a wide range of degenerative conditions such as arthritis and muscular dystrophy as well as eye disease Based in part on the established Bates Method of eyesight improvement and in part on his own professional and personal discoveries Meir Schneider s pioneering approach has helped thousands of people successfully treat a host of eye problems including nearsightedness farsightedness astigmatism lazy eye double vision glaucoma cataracts macular degeneration retinal detachment retinitis pigmentosa and nystagmus Born blind to deaf parents Schneider underwent a series of painful operations as a young child and was left with ninety nine percent scar tissue on his eyes resulting in his being declared incurably blind At the age of seventeen he discovered how to improve his vision from one percent to fifty five percent of normal vision with the eye exercises presented in this book Today Schneider drives a car reads and proves time and again that vision can and does improve with exercise His contributions to the field of self healing are recognized by alternative health practitioners and medical doctors alike Eye chart posters to use together with the book can be ordered from the School for Self Healing in San Francisco visit <https://store.selfhealing.org> or email officemanager@selfhealing.org *Hidden Secrets for Better Vision* Leslie H. Salov, William L. Fischer,1995 **Vision** ,1919 *The Optometric Weekly* ,1929 *Optometric Weekly* ,1930 *The Optical Journal and Review of Optometry* ,1924 **Hygeia** ,1938 *The Optometric Weekly and the Optometrist & Optician* ,1968 **Journal of the American Optometric Association** American Optometric Association,1983 *Optometric Weekly* ,1937 *East West Journal* ,1987 **The Evangelical Herald** ,1916 *Optometric World* ,1962 **Optometric Weekly and the Optometrist & Optician** ,1963 *Annual Report* Children's Fund of Michigan,1930

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