

HOPE SECONDARY SCHOOL
FOOD NUTRITION AND HEALTH
PRACTICAL SESSION
MARK SCHEME
GRADE 10

Candidate's Name _____ Date: _____

Institution's Name: _____ Centre No.: _____

Teacher's Name: _____ Territory: _____

	ASSESSMENT CRITERIA	Maximum marks	Internal Assessor	External Assessor
1. PLANNING AND PREPARATION				
(a)	Interpret activity and select appropriate recipes	1 mark		
	Sub-total	1 mark		
2. PROCESS				
(a)	Weigh, measure and prepare ingredients accordingly for dishes	1 mark		
(b)	Sequence workflow in logical and efficient manner within the stipulated time frame	1 mark		
(c)	Demonstrate appropriate techniques in preparing one pot meal.	2 marks		
(d)	Use of raising agents and the selection of dishes	1 mark		
(e)	Demonstrate appropriate hygiene and sanitation practices	1 mark		
	Sub-total	7 marks		
3. EVALUATION AND PRESENTATION				
(a)	Dishes/items have the correct consistency, texture, colour and suitable flavour	1 mark		
(c)	Dishes/items attractively garnished/decorated and presented	1 mark		
	Sub-total	2 marks		
	Total	10 marks		

Comment/Feedback:

Candidate's Signature: _____

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Practical One Pot

Jiyuan Zhang



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