

The background of the cover is a composite image. The top half shows a dark night sky filled with numerous small, bright stars. The middle section features a bright, glowing sun just above the horizon, creating a warm orange and yellow glow across the sky. The bottom section shows the dark, calm surface of the ocean under the sunset light.

# The Pocket Guide to Inner Peace

GARY EGEBERG

# Pocket Guide To Inner Peace

**David Baud**



## **Pocket Guide To Inner Peace:**

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