
Best Practices on Interventions for Students With Reading Problems

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OVERVIEW

According to the National Assessment Education Progress Report, 38% of fourth graders and 29% of eighth graders are reading below basic levels (National Center for Education Statistics, 2005). These figures are even more alarming for states where there is an increased number of students who are receiving free or reduced lunch. Thus, a considerable number of the nation's pupils have not acquired basic reading skills, although reading is certainly one of the most fundamental skills that permit a person to survive and thrive in an ever-growing technological society. Essentially, one of the main goals of education is to help students move from a learning-to-read stage to a reading-to-learn stage.

Despite general forms of instruction, some individuals have difficulty acquiring the fundamental reading skills necessary to be in a position to *read to learn*. Often, these youngsters are referred to school psychologists because of their reading difficulties. Many of these students' needs are unmet due to insufficient types and amounts of reading instruction. Moreover, in many cases, students' needs are not adequately identified because school psychologists and educators spend considerable time generating circular reasons as to why a particular student has difficulties learning to read. For example, many professionals provide rationales such as, "Johnny has a reading problem because he has a learning disability" or "Sally has a reading problem because she is dyslexic." Instead, professionals' time might be better spent targeting reading skill areas that are in need of intervention or further instruction.

According to *School Psychology: A Blueprint for Training and Practice III* (Vashkolyk et al., 2006), school psychologists are expected to demonstrate competencies in helping students develop cognitive and academic skills through data-based decision-making activities. Science-based practice (such as that discussed by Tilly, chapter 2, vol. 1) should be applied when assessing and identifying reading problems and targeting instruction that matches students' reading needs. Tilly suggests that we first define the problem as the difference between an institution's or referral source's (e.g., school district's benchmark criteria, teacher's, or parent's) expectations for reading achievement and a student's actual reading performance. For example, if Jane is reading 30 words correctly per minute during oral reading of passages, and benchmark standards indicate that she should be reading 90 words correctly per minute, a discrepancy of 60 words read correctly per minute exists. Once the problem has been identified and expressed in the difference between expectations and actual performance, the problem needs to be analyzed in terms of what is causing Jane to read only 30 rather than 90 words correctly per minute. It may be discovered that Jane has only been provided one opportunity to orally read passages during each school day. Therefore, the intervention may be to increase Jane's opportunities to orally read passages to increase her rate of reading words correctly per minute. Her progress in achieving this expectation can be assessed using curriculum-based oral reading passage measurements. This method of identifying a problem and targeting instruction is a solution-focused one.

Therefore, the first major aim of this chapter is to describe a three-tiered instructional context by which a

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