

# Signs of drug use and addiction

## The 10 most common

The signs and symptoms of drug addiction vary according to the individual and the substances they are using. The following represents the most common signs and symptoms of drug addiction.



### 1 Mood swings

Individuals who are addicted to drugs are prone to sudden mood swings depending upon whether or not they are currently under the influence.



### 2 Depression

During the "lows" of drug addiction, many individuals will fall into a deep depression as they ponder their situation, or await their next dose of the drugs.



### 3 Euphoria

Drug use can take individuals to points of extreme euphoria – making them seem giddy or elated at socially unacceptable times.



### 4 Criminal Behavior

When an individual is addicted to drugs, they will do anything to obtain more. This may include robbery, selling drugs or other crimes that can land the individual in jail.



### 5 Sleeplessness

Many individuals who are addicted to stimulants may find it difficult to sleep while they are under the influence of the drug.



### 6 Unexplained Absences

For many people, drug addiction is all about secrecy. These people use drugs in private in the hopes of keeping their habit a secret from loved ones or co-workers.



### 7 Anxiety

Almost every type of drug addiction causes some form of anxiety in the user. Whether it is nervous behavior caused by the drug itself, or anxiousness over finding one's next "fix", anxiety remains one of the hallmark symptoms of drug addiction.



### 8 Strong Drug Cravings

Once addiction takes over, the individual's body will shut down with access to more drugs. That leads to very strong drug cravings that can take over the life of almost anyone.



### 9 Change in Appearance

People who are addicted to drugs often look different than before they began using. Drugs such as cocaine, crystal meth or heroin may cause individual to become emaciated – while marijuana may lead to weight gain for some.



### 10 New Peers

Commonly, addicts will begin hanging around with a different peer group when they are immersed in drug use.

Data presented by



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# Signs Of Drug Use

**JA Banks**



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